

# MANDATORY FITNESS CENTER GUIDELINES

## HOURS OF OPERATION

5:00am – 10:00pm | Seven days per week.

First come, first serve (no reservations needed).

1. IF UNCERTAIN ABOUT YOUR CONDITION, STAY HOME.
2. **FACE COVERINGS ARE REQUIRED** BUT MAY BE REMOVED DURING EXERCISE IF YOU ARE ABLE TO **MAINTAIN SIX FEET OF DISTANCE** FROM OTHERS.
3. **NO CIRCUIT TRAINING.** KEEP TO ONE AREA OR MACHINE AT A TIME.
4. WIPE DOWN EVERYTHING BEFORE AND AFTER USE.
5. GUESTS MUST BE ACCOMPANIED BY MEMBER.

Questions?

Sabina Z. Hart, Fitness Director and Personal Trainer

szhart@theiconteam.com | 941.777.7016 (office) | 754.245.2136 (mobile)