



MANDATORY FITNESS CENTER GUIDELINES

HOURS OF OPERATION: 24/7 with Member ID card.
MEMBERS ONLY.

Guests must be Member-accompanied.

1. IF UNCERTAIN ABOUT YOUR CONDITION, PLEASE STAY HOME.
2. FACE COVERINGS ARE REQUIRED BUT MAY BE REMOVED DURING EXERCISE IF YOU ARE ABLE TO MAINTAIN SIX FEET OF DISTANCE FROM OTHERS.
3. NO CIRCUIT TRAINING. KEEP TO ONE AREA OR MACHINE AT A TIME.
4. WIPE DOWN EVERYTHING BEFORE AND AFTER USE.

Questions?

Sabina Z. Hart, Fitness Director and Personal Trainer

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